

This study engage in Soviet - American relations during the Carter's presidency and the first year of Reagan's period. The object of this study was to find reasons and subsequences of events of that time. The autor engage in the Carter's policy of human rights, the normalization of US - Chinese relations, the second round of Strategic arms limitation talks (SALT II), Soviet - American rivalry in the Third world, the problems of intermediate nuclear forces, the Soviet invasion of Afghanistan and the Polish crisis. The autor reach the conclusion, that so-called the second cold war began already during the Carter's presidency and that Jimmy Carter wasn't as weak leader as some authors write. Other conclusion is, for example, that the Soviet Union wasn't able to carry out the invasion of Poland, because SSSR of that time was already too weak to fight simultaneously in Afghanistan and Poland.