Abstract in english

The Master’s thesis deals with burnout syndrome which is a frequently discussed topic in helping professions. Specifically, the syndrome is being inspected in workers of facilities for children requiring immediate help. In the theoretical part, the interpretation of the term burnout syndrome, its symptoms and preventive measures are defined. The practical part conducts a survey (with use of questionnaire) of situation in which the workers of facilities for children requiring immediate help in connection with the burnout syndrome are. Likewise, some leading workers of these facilities are given the floor in form of interviews to clarify which preventive measures they choose in order to avoid the burnout syndrome in their workers.