

Univerzita Karlova v Praze

Pedagogická fakulta

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DIPLOMOVÁ PRÁCE

Přídavné látky ve vybraných masných výrobcích v ČR

Food additives in selected meat products of the Czech Republic

Pavel Vondrášek

Vedoucí práce: Ing. Bc. Alena Váchová, Ph.D.

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ABSTRACT

The issue of food additives is a very hot topic in the current society. This fact has been recently reflected in a fair amount of legal regulations governing this industrial branch and almost hysterical campaigns of various food-providing chains that are trying persuade the public that only and just their products are free of any such additives. At the same time, however, and quite effortlessly can each of us get quite opposite information that would definitely harm the aura of safety created round the food additives. It is evident that a typical man takes mostly subjective attitude in this chaos of opposing information which is supported by different fabulations or „reliable information“.

The aim of this thesis is to clarify the issue of food additives and their use in meat-based products that form one part of unhealthy eating habits in our society. The acquired information related to the current status shall result in a working sheet for Health Education for Second Degree Students in Elementary Schools and an informative leaflet for students' parents explaining the issue and inviting to co-operation while teaching the subject through co-operation on the above working sheet.

The questionnaire is designed in two stages (before and after the processing of the working sheet) while each of the stages measures differences in basic issue awareness in parent population in relation to food additives. Also, the other stage gives space to the parents to express their opinion regarding the benefits of conveying such information within the subject Health Education. Processing of the above information shall verify possible changes in consumer habits within the family environment of students via the Health Education.

KEYWORDS

Chemical substances, food additives, meat-based products, production technology, health risk.