

The bachelor thesis is dealing with stressful situations and coping with them in the context of emerging adulthood in the Czech Republic. The aim is to find out how young people perceive the period in which they are. It is also essential what stressful situations they encounter during this period and what helps them cope with these situations. In the beginning of theoretical part the adulthood is defined. Another part is then focused on a new period of emerging adulthood, on its basic characteristics and the conditions that allow formation to this new stage of human life. After that a large portion is devoted to the issue of stress, stressful situations and coping with them, all in the context of emerging adulthood. The practical part explains methodology of research, which is based on a qualitative analysis of semi-structured interviews with ten university students. Processing the interviews was done using the grounded theory method. The analyzed data are presented and interpreted in the practical part.