

Abstrakt

The diploma thesis investigates attitudes of employers and employees towards flexible forms of working. Flexible forms of working are, for purpose of the diploma thesis, understood as a tool for work-life balance. Attention is devoted to part-time, home office, flexible working hours and job-sharing. Research of employers and employees attitudes is based on a questionnaire survey and focus groups realized within a project METR at Fond of Further Education. The aim of the diploma thesis is to find out not only the actual using of flexible forms of working in companies and organizations, but also the potential for their development. The results of the diploma thesis show that flexible forms of working are very actual topic among employers and employees. However, employers are still afraid of their implementation. Part-time contracts are the most often used flexible forms of working and also have the greatest potential for the future development.

Keywords:

Flexible forms of working, part-time, home office, flexible working hours, job-sharing, employees, employers, attitudes