

Coaching is a modern tool for personal development with many advantages and successful applications. However, some concerns arise from the religious and ethical perspectives. Links to esoterics and New Age have been proclaimed by leaders of coaching schools that operate in the Czech Republic. Moreover, a survey has indicated that ethical limits of Czech coaches are more liberal than the official position of the Catholic Church. Thus, for a Catholic Christian, the coaching is promising as well as questionable. Biblical texts, as well as the facts from the subsequent history of Church, indicate many similarities: Christianity has exhibited marks of coaching since the very beginnings. On the other hand, most of the coaching schools deny God, absolute truth, or the concept of sin. An appropriate approach how to address this tension is a reflection of anthropological fundamentals. Analyzing sincerely one of the coaching schools (Neuroleadership), we can conclude that all of them have clear counterparts in the Christian doctrine. In spite to this positive conclusion, it is necessary to be cautious when facing practical ethical dilemmas. A wise application of the coaching approach can be helpful also in the spiritual direction.