

Abstract

The bachelor's thesis is focused on the nursing care of the women after a breast augmentation with silicon implants, which is the most required procedure in the aesthetic plastic surgery. In the last decades the plastic and aesthetic surgery comes to the forefront, various operational techniques are being developed. After this surgery the nursing care is very important for the good healing process and a successful result of the intervention.

The theoretical part of the thesis describes not only the plastic surgery and breast augmentation in general, but also its historical development worldwide and in the Czech Republic. The anatomy and evolution of breasts is mentioned too, and a small part of silicon implants. In the theoretical part it is described everything from the preoperative preparation, postoperative care to the education of the patients in separate chapters.

In the empirical part there is a quantitative investigation in form of a self-structured survey. The aim was to find out the reason for the decision to undergo an augmentation, to ascertain what the decisive factor for the respondents is when they choose the health institute and the operating surgeon and the last aim was to find out what information the patients have about the augmentation and its dangers.

Based on the detected results the patients underwent a surgery of their own free will, they have sufficient information about the surgery and also about the postoperative complications, nevertheless they undergo the surgery with the main reason - that they feel to be more women and to be more attractive than before.