

Abstract

The thesis deals with emotional intelligence and coping strategies for paramedics. The theoretical part provides information on the emotional intelligence of its models and measurement capabilities. It is then discussed strategies of coping with stress on its historical and theoretical approaches and the types of strategies and also about the methods by which we discover the use of a specific coping style. It is also described the characteristics of paramedic profession, qualification requirements for the exercise of the profession, as well as competence and personal characteristics of rescuers.

The aim of the empirical part is quantitatively map a degree of emotional intelligence of paramedics, preference coping styles in this population and mutual respect between the two variables.