

Abstract

Background: For an addicted person abstinence is not a goal but a way to improve their quality of life.

Aims: The aim of this bachelor work is the evaluation of the efficiency of improving the quality of life of men addicted to alcohol hospitalized in the co-educated department of addiction treatment in psychiatric hospital Kosmonosy.

Sample and methods: The sample was made up of 22 men addicted to alcohol, which filled in the questionnaire at the beginning of the treatment and after it. To acquire the data, two questionnaires were used. The first questionnaire was designed for collecting the sociodemographic data and as the second one was chosen a standardized questionnaire of World Health Organization WHOQOL–BREF (shortened version).

Results: The research survey had shown that the quality of life of patients after the treatment have risen compared to perception of quality of life's of men before treatment. Patients stated an improvement of their subjective perception of their health at the end of the treatment. In the observed domain of experiencing the patients show the greatest improvement compared to the values recorded before the treatment. A great improvement has happened in other observed domains such as physical health and social relationships. The satisfaction of patients in the domains of transport, perception of dependence on a medical care and financial self-sufficiency of patients after the treatment has worsened.

Conclusion: Certain findings, related to the subjective perception of the quality of life of patients undergoing the treatment, result from the research survey and they could be effectively used in a therapeutic approach to patients and in the improvement of their treatment in co-educated department of addiction treatment in psychiatric hospital Kosmonosy.

Keywords: quality of life, alcohol, addiction, treatment