

ABSTRACT

Background: This thesis focuses on two amendments to the basic characteristics of attachment with clients Department addiction psychiatric hospital Šternberk. The research involved a total of 29 respondents who underwent 4 months of treatment. Researches focused on quantitative data collection using a battery of questionnaires, which were completed at the beginning and end of treatment. The study is anonymous and confidential. Respondents are coded by their initials and date of filling out the questionnaire. A similar study in the Czech Republic has not yet been implemented.

Objectives: The aim of this study was to determine changes in the attachment for clients with a syndrome of dependency. Specifically, to determine changes in the scores of avoidance and anxiety before treatment and compared them with scores of avoidance and anxiety after treatment.

Methods: For data collection was used anamnesis questionnaire and Questionnaire structure and relationships ECR-RS Experience in Close Relationships (Fraley et al., 2000).

Results: Results showed that there was a positive change in reducing anxiety and avoidance in general attachment, attachment to the mother, father and life partner for people with addictions. The psychotherapeutic process had a positive impact. Results of the relational bond with a friend showed no change. Thus, there psychotherapy had no effect.

Conclusions: Based on the research results can be considered psychotherapy as beneficial to changes in the relationship custody.

Keywords: attachment - addiction - inpatient treatment - psychotherapy