

Abstract

This multiple case study relates to the field of sport psychology describing coach's tasks and skills. Good communication skills contribute to performance enhancement, personal growth, and good interpersonal relationship and also to positive training and motivational climate.

The aim of this multiple case study is to use the Video Interaction Training method for working with coaches in order to develop their communication skills and consequently evaluate utility of this method. This study helps to increase the number of Video Interaction Training application areas and shows the direction how it is possible to educate coaches and improve their skills.

Key words: Video Interaction Training, intervention, coach's skills, interaction