

SUPERVISOR'S REPORT

Author of thesis: **Bc. Dimitris MILLAS**

Thesis title: Ankle sprain, conservative versus operational treatment: A literature review

Supervisor: Doc. PaedDr. Dagmar Pavlů, CSc.

Opponent: MUDr. David Pánek, PhD.

The master thesis presented on the subject of „*Ankle sprain, conservative versus operational treatment: A literature review*“ has been prepared on 69 pages of text using 69 literature and other sources. The author of the work has divided it into seven basic section.

Choice of topic

The principal aim of the work was to conduct a critical review and to outline the effectiveness of main types of conservative and surgical interventions applied on ankle sprain injuries, and also to analyse the factors that influence the clinical outcomes in patients undergoing the selected treatment procedures.

Ankle sprains are the most common injuries and is a very widespread and serious problem. Ankle sprains are also among the most common of diagnoses seen by physical therapists. There are a variety of options for treatment and also for diagnostic procedures by this diagnosis. Therefore I consider the subject chosen to be very topical and its resolution to be beneficial.

Methodology, aims and research questions

Definition of aims, research questions and also one hypothesis are formulated very good, specification is clear.

Results and Discussion

The chapters in which the results are presented, are written in a excellent manner. Also „chapter discussion“ is written on very high level, as well as whole the thesis.

Structure of the work and formal aspects

The paper does contain all the parts which a master thesis (in form of critical review) should contain, their ordering is also clear.

Questions for the defence

What are your general and most important recommendations for physiotherapeutical practice regarding your results?

Conclusion

I note, that **Bc. Dimitris Millas** - autor of the master thesis, demonstrated capability of dealing with the issue at hand. The submitted paper complies with the requirements to master thesis in this field of research, and therefore **I fully recommend the paper to be admitted for defence.**

I evaluate the thesis as **excellent**

Prague, 26.04. 2017

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