

## **Abstract**

This thesis is devoted to the search of the level of physical abilities of today's younger school-age children in comparison with the results of the 'Children's fitness badge' competition.

Data comes from two smaller schools of the Central Bohemian region - Kounice Elementary School, year 1989 and from elementary school Sedlčany, year 2015. The thesis also discusses the differences between results in physically active and inactive pupils, between boys and girls, as well as the ability of today's students to meet the elementary level of the 'Children's fitness badge' points table.

I studied these disciplines – the long jump, the 50 meters sprint and the cricket ball throw for my testing.

Data were analyzed by using the statistical program SPSS.

## **Key words**

Athletics, 'Children's fitness badge', younger school-age, long jump, 50 meters sprint, cricket ball throw.