

TITLE:

The possibilities of rehabilitation for people suffering from tinnitus

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ABSTRACT:

The increasing phenomenon of tinnitus, the perception of noise caused by permanent damage to the cochlear hair cells, lately resulted in growing focus towards this problem. The main objective of this thesis is to evaluate, which of the available therapies for tinnitus is mostly sought by patients.

The work presents insights of this phenomenon through its classification, provided aetiology and mainly focuses on possibilities of available therapies. Henceforth, the chapter with focus on the impact of tinnitus on the daily life of people suffering from tinnitus is one of the core chapters of this thesis. The practical part evaluates the already realised qualitative and quantitative research. Further, the quantitative method used is the questionnaire construction.

The resulting values are summarised and presented with their absolute and relative abundance in tables and graphs. Following, the resulting values are complemented by three independent casuistry of persons suffering from tinnitus. The research questions focus on the general public awareness, what therapy method is mostly used, what are the main causes for the tinnitus occurrence. Further, areas with lower perception of this symptom are evaluated.

KEYWORDS:

quality of life, tinnitus treatment, psychotherapy, objective tinnitus, subjective tinnitus, the perception of noise