

Author's thesis is concerned with lifestyles of young Czech generation. Lifestyle is considered to be based on different combinations of leisure patterns. Theoretical part deals with the concepts of lifestyle and leisure. The problematics of lifestyle is explained within the main aspects of lifestyle, which is plurality of lifestyles, effectivity, individualization, diversity and lifestyles' main determinants. The issue of leisure is approached from a lifestyle perspective and in the context of key findings of researches, dealing with similar problems.