

The presented thesis, Human Health from the Perspective of Integral Anthropology, comprises six chapters. The introductory chapter is focused on theoretical questions of health and illness. Special focus is given to subject matter in the context of biological as well as social anthropology. These two disciplines are established in Europe as Integral Anthropology. Chapter further contains selected definitions of health. Next chapter is focused on health in relation to quality of life and meaningfulness of life. This chapter refers to the measurement of quality of life, cues and life targets, intrinsic faith and V. E. Frankl's logo therapy. The topic of the third chapter is illness of human life. This chapter discusses the concept of illness, disease and sickness, as well as bio-psychosocial and spiritual model of illness and civilization diseases. Chapter four makes up fundamental part of the work. This chapter's main focus is on primary, secondary and tertiary plane of health prevention. Furthermore various strategies for improvement of health are discussed in this chapter. Fifth chapter is dedicated to application of theory of human health in everyday school life. The issues of pathogenesis and salutogenesis as well as psycho-neuro-immunology are covered. Focus is given to practical questions of mental hygiene especially in the school environment. Matter of health psychology as part of teacher training is noted. Last part, chapter six, Survey of quality of life using the SEIQoL method (Schedule for the Evaluation of Individual Quality of Life) has been conducted on several students. This method has proven to be successful in studying the health quality in the school environment.

The aim of thesis is to show importance and complexity of the health anthropology. Thesis can be useful to anyone interested in foundations of this new and exciting scientific issue and its utilization in school routine. It also can be an inspiration to further studies and or investigations.