Abstract

Bachelor's thesis focuses on the awareness of adolescent eating disorders. It consists of theoretical and practical parts. The theoretical part focuses on the history of the development of ideal beauty and notions of self-concept and body image. It also discusses the topic of eating disorders, the definition of better-known and lesser known diseases, and resources that teachers and parents to tackle this problem use. The practical part contains the results of the survey questionnaires that were designed to find out how pupils 2nd grade, one particular school, satisfied or dissatisfied with your body, then how these students are and their teachers informed about eating disorders.