

Abstract

Title: Methodic of forward launch in paragliding

Objectives: The goal of this work is creating of the ideal methodic of practice of forward launch in paragliding based on literature, observation and measuring.

Methods: Observation, measuring, analysis and synthesis are the methods which were used in this work.

Results: There were defined the key moments and their variables which affect forward launch in paragliding. The ideal methodic of practise of forward launch in paragliding was created based on these findings.

Keywords: Paragliding, forward launch, methodic, variables of performance, paraglide