Abstrakt:

The thesis deals with the concept of stress and emotional intelligence. First, it discusses the major theories of stress, coping strategies and resilience. Furthermore, they are presented and described in more detail methods for identifying coping strategies. The next chapter describes the burnout syndrome and its causes. Chapter emotional intelligence deals with theoretical inputs of these issues and, as with stress are also presented in this chapter methods of detecting emotional intelligence. The last chapter focuses on the personality of the prison warden and qualification requirements for the profession.

The empirical part deals with the research of emotional intelligence and coping strategies among prison guards. Subsequently outputs are evaluated quantitatively processed results of these two variables and the correlation between them.