ABSTRACT

Author: Petra Kubicová
Institution: Charles University,
    Faculty of Medicine in Hradec Králové
    Social Medicine, Department of Nursing
Title: Burnout Syndrome of Nurses working at the Intensive Care Departments
Supervisor: Mgr. Michaela Votroubková
Number of pages: 65
Year of defense: 2016

Keywords: Burnout syndrome, Nurse, intensive care, meaning of life, stress, quantitative research, half-structured questionnaire and MBI questionnaire.

This Bachelor’s pursuit discusses the Burnout syndrome of a nurse on intensive care ward. It shows why the enthusiasm of a young nurse disappears so fast although she has the spark to start with. In the theoretical part the Burnout syndrome is defined, the cause of emergence, its stages, the utterences and prevention.

The base of the empirical part stands on the quntitative research of the permanent exhaustion of the medical staff. It refers to the connection between the Burnout syndrome and the working environment, interpersonal relationships and private life of an ordinary nurse. In the research samples are nurses, working on five different wards within one hospital in Prague. The research was done through two different questionnaires: standardized and half-structured.