

ABSTRACT

Name and surname**of the author:** Iveta Stratilová**Institution:** Charles University in Prague,
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Department of Nursing**Title:** The Quality of Life of Carers Providing Elder Care
to Non Self-Sufficient Pensioners**Supervisor:** Prof. PhDr. Jiří Mareš, CSc.**Number of pages:** 147**Number of****attachments:** 5**Year of defense:** 2016**Key words:** senior, carer, stroke, old age and aging, non self-sufficiency, provided care

In the theoretical part, this bachelor thesis ascertains quality of life of carers providing elder care to non self-sufficient pensioners. There are defined terms relating to the issue in question, i.e. senior, old age, caring person, non self-sufficiency, biological, psychological and social needs of a senior, stroke. The issues of caring people accompanying elder care are examined in detail.

In the empirical part, the author studied life issues of five women providing elder care to non self-sufficient pensioners for the period of 2 to 5 years. The qualitative approach was used in this work - not standardized observation, narration and semi-structured interview. Acquired data were compared with each other and with scientific literature. Based on the results, the author purposes possible interventions that could facilitate care to carers when providing elder care to a non self-sufficient pensioner.