

Abstract

Title: Historical analysis of tricks in freeskiing

Objectives: The main aim of this bachelor thesis is to describe the tricks of freestyle skiing. We chose 3 basic tricks- ollie, nollie, 180° and 3 tricks for advanced skiers- 360 mute grab, backflip and cork 720. Another aim is to capture important milestones in the history of this very young sport.

Methods: Literature search and comparison of the literature in the field of freestyle skiing.

Results: The result of the bachelor thesis is the history and progress of freestyle skiing. In addition to the definition, history and equipment for this sport, you can find here analysis of some elementary and some advanced tricks.

Keywords: freeskiing, trick, history, progress