Abstract

Title: Evaluation of the level of motor skills of football players in the student category

Goals: Determine the level of motor performance using the selected tests of motor abilities and special skills in the game of football players in the student category. At the same time the aim is to compare the level of motor performance between older and younger students.

Method: Method of direct observation of students, sit-ups for 30 seconds, long jump, shuttle run 4 x 10 meters, test dribbling a change in direction, the test passes for accuracy

Results: In the majority of tested disciplines achieved better results older male students. In the most tested disciplines they older male students achieved better results. Boy’s team in the U13 category, achieved the best results in the test "Passing on the accuracy of" discipline "sit-ups" discipline "shuttle run" and discipline "dribbling change in direction." Girls of the category U13 achieved the best result in the discipline called "jump".

Key words: testing, gross motor skills, game skills, fotbal