This bachelor thesis is dedicated to the female urinary incontinence and its treatment by physiotherapy. The aim of the thesis is to provide a comprehensive overview of the methods and possibilities of physiotherapy in the treatment of urinary incontinence in women and to determine the effect of physiotherapy for urinary incontinence in selected patients.

The theoretical part describes the functional anatomy of the pelvic floor muscles and their involvement in deep stabilizing muscles, as well as classification, etiology and prevalence of urinary incontinence, pathophysiologic mechanism of urinary incontinence and physiotherapy approaches that are used to treat the urinary incontinence.

The practical part contains two case reports of patients diagnosed with urinary incontinence.