ABSTRACT:

This bachelor thesis deals with the relation of preschool children to physical activities and sports. It also examines if the relation is affected by living in the city or in the village. The theoretical part deals with definitions of theoretical concepts, such as movement, physical activity and sports. There is also a characteristic of a preschool child, children’s physical activities and the list of these activities in the villages, where the research was done.

The practical part concerns the research, its description and the methods which were used. The research was done in two kindergartens. One is in the small village Hudlice and one is located in the town of Beroun. At first I asked the parents of children aged 5-7 to fill out a questionnaire. Then I interviewed the children and observed them doing physical activities during the whole day.

In the concluding part, I wrote down my conclusions and evaluation of the research. The results were made into tables and graphs to be synoptic.

KEYWORDS:

movement, physical activities, sport, relation, preschool age, leisure activities