

This Bachelor's thesis aims to determine whether and how skiing of persons with disabilities influence the quality of their lives. This work defines basic classification of physical defects. It deals with the issue of the psychology of people with disabilities, defines the sport psychology and then moves to the connection between sport and its influence for people with disabilities. An important part is the social aspects and benefits of skiing on the monoski. Highlights the process of socialization working through the sports activities. The theoretical part is also focused on the monoski skiing. Collecting the facts for who is monoski skiing appropriate, informs about the parts of a monoski and the course of teaching. This Bachelor's thesis also specifies other compensatory aids which persons with disabilities use for skiing. In the practical part of this thesis are interviews with users of monoski that informs how the skiing on the monoski affected these respondents. It also contains a comparison with other Bachelor's thesis which has similar topic. This Bachelor's thesis provides information about the contacts which can people use if they are interested in monoski skiing. In the annex are photographs of sit-ski which are mentioned in this work.