Abstract

Title: Analysis of critical situations in basketball

Objectives: The main aims of this work is to propose arrangements to improve the management of critical situations. The another aim is to define critical situations and to finde out how the players feel during this situations.

Methods: As a method of exploration has been used the observation. During this observation has been used the list of the critical situation to define these. Subsequently, has been these situations discussed with the player during the interview.

Results: For both cases I have examined, that the critical situation and their controlling affect the quality of sport performance. I have also define for these objects the most critical situations and I have proposed the measures for the better controlling.

Keywords: Psychical states, critical situations, basketball