

Abstrakt

Subject

Specific of secondary care with people after stroke

Objective:

attention to the occurrence of stroke and its aftermath emphasize the importance of a comprehensive follow-up care for patients after stroke current state of development of aftercare develop existing information and submit information about aftercare for people after stroke

Method:

The work is divided into several parts. In the clinical part is described in detail the etiology, course and therapy of stroke. The next section analyzes the current state of the subsequent care of affected patients, the origin and content of some civil associations dealing with this issue. Then there is a program developed provided reconditioning stays clients after a stroke.

Results:

Work objectives have been met. Authors have an adequate amount of information available on follow-up care for people after stroke as well as disease itself. We pointed to the disease and importance of a comprehensive after-care of persons affected by this disease. In the subsequent care, we introduce some civil associations dealing with these issues, the focusing on the association with which actively for many years worked. We also experience prepared held reconditioning stays and created a master plan reconditioning stays held in 2006. Over the years, our primary objective collect and analyze information from interested clients on the benefits of after-care for them and their surroundings with the development of other organizations.

Key words : overtraining, maladaptation, chronical fatigue, depresion, biochemical markers, hormonal dysfunktion

