ABSTRACT

Topic: Comunication in junior sports team

Object: The main goal of this Thesis was to find and evaluate communication techniques, forms and signs, which have the most effect on players during the training process.

Metodology: The Thesis used the qualitative method of data gathering, through the use of a questionnaire. Altogether $! younior category players, from ages 15 to 18, from a hockey team in Košice took part. The questionnare was specially modfied for the purposes of this Thesis.

Results: The resulst of the questionnaire are presented through the use of graphs and tables. We were able to create a hypothetical model of communication between the coach and the players based on our findings.

Key words: comunication, junior, trainer, sports team