

Abstract

Title: Case Study of Physiotherapeutic Care of a Patient with Rotator Cuff Rupture.

Objectives: Main Goal of this Bachelor Thesis is to Present a Case Study of a Patient with Rotator Cuff Rupture. Another Objective is to Create a Complex Theoretical Background Connected to Patient Diagnosis.

Methods: Thesis is Divided into Two Parts. First Theoretical Part is Dedicated to an Anatomy, Kinesiology and Biomechanics of the Shoulder Complex, Most Common Injuries of the Shoulder Complex and Possible Treatments which is Conservative, Operative and Physiotherapy Treatment. Examination and Treatment of the Patient Took Place at the Rehabilitační Nemocnice Beroun in the Time Between 9th January 2017 and 27th January 2017.

Results: Patient's Health has Been from Both Subjective and Objective Point of view Improved. Especially Muscle Strength has been Increased and Shoulder Complex Position has been Corrected.

Keywords: Physiotherapy, Rotator Cuff, Shoulder Complex, Case Study