

This thesis deals with the subjectively perceived problematical relationship between the employees of a day care centre (who are either professional caregivers or teachers) and clients or pupils with severe multiple disabilities. Examining this relationship and other selected problematical situations took place as part of short-term group work project using psychotherapeutic techniques. The group work facilitated a change in the relationship of the day care centre's employees with the clients. The research was conducted with a small group of probands from the Zahrada Integration Centre and from the Zahrádka Elementary School in Prague 3.

The following professional methods have been used in the preparation of this thesis: an analysis of the relevant scientific literature, group work with a small group of probands using some elements of psychotherapy, a questionnaire survey, an analysis of records concerning the progression of problematical situations and data analysis of case studies. The findings of this thesis are that group sessions comprising elements of psychotherapy represented a supportive factor in regard to the perception of the problematical relationships of individual probands with their clients. Changes that occurred in these relationships were recorded either in the individual plans of social services or in the clients' individual educational plans. On the basis of these findings, however, it was not possible to demonstrate that the targeted use of psychotherapeutic techniques had been a determining factor in regard to the subjective perception of changes by the individual probands. We can assume, however, that it might very well contribute to that.