

Annotation

This dissertation is focused on currently one of the most burning social problem – childhood obesity in Czech Republic. We have tried to find out a childhood prevalence obesity, its causes, social risks and expected dangers and we evaluated possible solutions for the prevention of obesity. A research problem of the thesis is the growing prevalence of childhood obesity in the Czech Republic in the context of developing its ineffectively controlled determinant.

Our research targets on children, more precisely said on pupils of four primary schools (in the Bílina city). Among the objectives of the thesis belongs a pupil categorization according to BMI (body mass index). A principal goal is an evaluation of level of support for children to a healthy lifestyle by primary schools. Data have been collected from the children themselves, as well as from the school management and the respective school founder (city or region).

The results of the research point out that a prevalence of childhood obesity (for a sample of the pupils of bílina's primary schools) corresponds to the current development and proportional representation of overweight and obesity in our country. The case studies which are output as research section aimed at encouraging children to a healthy lifestyle from the school and the research of detecting attitudes of the pupils themselves implies that there are allocated amount of resources, actions and activities to promote a health of students from a side of the elementary schools, but the trend of increasing prevalence of childhood obesity to stop or even reduce fail. From an interview with the founder of bílina's primary schools it was found that the city of Bílina except school management (economic activities) does not consult in any way its methodological approaches.