

Abstract

Introduction: The dissertation of “The concept of basal stimulation from the point view of nurses working on Anaesthesiology and Resuscitation facility”, discusses the matters of specifics and issues when it comes to providing a basal stimulation process within patient’s hospitalization in a resuscitation unit. Patients in very complicated health conditions are hospitalized in a resuscitation unit, very often with symptoms of impaired consciousness. The concept of basal stimulation could very likely help patients’ communication with other environment, with accepting and perceiving the actual situation as well as with recovering itself. The point of this dissertation is to chart the real and actual problematics of the basal stimulation used within resuscitation units, and also how nurses working in these units are bringing the concept to bear within their practice.

Research methods and results: There are qualitative results posted within the empiric part of the research, as well as interviews with ten general educated nurses working in a resuscitation unit. All the results are collated and analysed in the final discussion after literal transcription of all the interviews. The result of which is, that the general educated nurses see the biggest issue when it comes to providing a basal stimulation within a very short and limited time frame, and without sufficiently medically educated staff. They further point to a necessity of the continuity of the basal stimulation and to the inclusion or involment of the whole nursing team to this care process. They suggest: increasing the number of actively working nurses; implementing a position of “Basal stimulation Coordination’s supervisor” nurse on resuscitation units; the basal stimulation workshops to be more often organized by hospitals; a better motivational system by their respective managers; to stick to the rule of “one nurse = one patient”; and implementing a basal stimulation process into a global healthcare standards.

Conclusion: The results of the dissertation show that nurses working in resuscitation units are taking the problematics of basal stimulation into consideration, and they think of and follow up its purpose in relation to patients. Results are also showing that nurses are using the methods of basal stimulation when providing health care services to the patients on resuscitation units.

Keywords: the basal stimulation, anaesthesiology and resuscitation care, nurse, biographical anamnesis of the patient