

ABSTRACT:

The aim of this diploma thesis is to analyse the Heidegger's daseinsanalysis. I focus in particular on a description of its roots and basics, that it originates from. Furthermore I refer to its philosophical fundament and its practical application to a psychotherapy, where it helps patients to grasp their lost life balance and orientation.

I choose this topic because it is related to my bachelor's thesis, that is named „Sense of life and current human“ . The daseinsanalysis also discusses the position of the human in the world and his being and searching of the life's meaning. In the contemporary global world full of disagreements and conflicts and the hectic pace of modern life, more and more people deal with the psychological or neurotic problems, more and more people search for their place in the world. Thanks to their inability to deal with these problems by their own strengths, they subsequently seek the help of psychologists. There the daseinsanalysis comes into play in the form of an individual or a group therapy.

I reckon Edmund Husserl and Martin Heidegger, whose philosophical theories helped to create roots for the development of the daseinsanalysis, among the most influential representatives of the daseinsanalysis's development. Next I would like to mention Ludwig Binswanger, Medard Boss and Gion Condrau, who applied their thoughts into the medical field and developed the connection of the phenomenological approach towards the mind and psychotherapy and psychoanalysis.

The most influential Czech representatives, who are connected to the establishment of the daseinsanalysis into practice and its subsequent spread and development, are a phenomenologist J. Patočka, a psychologist P. Rezek, a psychiatrist and a philosopher K. Zeman and a psychologist and a philosopher V. Borecký.

The next representatives linked with the daseinsanalysis in the Czech Republic are Oldřich Čálek and Jiří Růžička. They contributed in large measure to its propagation and its introduction to the life not only through expert publications but also through its practical application. I would like to mention their almost pioneering work in an application of the group therapy.

In the individual chapters of my diploma thesis I deal with means that are used in the daseinsanalysis and methods of its practical use. I try to compare its status in the world and in the Czech Republic. And last but not least I try to point out its relevance for an education of the young generation.

KEYWORDS:

Daseinsanalysis, sense of life, the soul, psychotherapy, phenomenology