

Abstract:

This bachelor's thesis focuses on differences in post-operative nutrition in clients undergoing resection on the digestive system. The thesis is divided into a theoretical part and a practical part. The theoretical one describes the anatomy and physiology of the digestive system, the reasons for resection and nutritional recommendations. Further, nutritional specifics after digestive system resection are dealt with.

The practical part deals with research carried out using an anonymous questionnaire which was aimed at proving or disproving a hypothesis concerning nutritional therapy after resection surgery.

The purpose of the thesis is to help clients become familiar with adjusting their temporary eating habits after an operation.

Key words:

digestive system

nutrition

dietary differences

resection on gastrointestinal tract