Abstract

Diploma thesis *Teacher as a reflective practitioner* is divided into theoretical and practical parts. The aim of theoretical part is characteristics of basic concepts related to reflection, dealing with issues of teacher education and opportunities for teachers who have already participated in the educational process. It presents the most commonly used techniques and methods of reflection and self-reflection, but other less common ones have been mentioned as well.

The aim of the practical part analyses the current situation of teachers as reflecting practitioners at secondary schools with gastronomic specialization. Diploma thesis compares reflective processes among teachers of general educational subjects, professional courses and training.