

Abstract

This dissertation is focused on providing family-based care for the seniors at their home environment in connection with the care allowance. The goal of this work is to determine the influence of the care allowance sustainability of the care for the elderly at home environment from a perspective of the family caregivers.

The theoretical part of the dissertation discusses the concept of self-sufficiency, interrelationship of the family care for an elderly family member at their home environment, state help for the family carers and a care allowance.

In the practical part of this dissertation are presented and discussed the obtained results of the quantitative and qualitative survey, validated specificity of the research assumptions and answered research questions related to the provision of the care allowance beneficiaries and understanding the impact of the care allowance on care sustainability for the caregivers of the elderly at their home environment.