Abstract

Title: Importance of parental support in long-term sports training for children (chosen sports industry as an example)

Objectives: Main goal of this work is to find out how much and how active parents are when it comes to sports training of their children and secondly, how much are they invested in overall development and education of their children.

Methods: Empiric research is applied and for purpose of this work, mixed method of quantitative and qualitative research will be used. Currently, mixed research is understood as design research, where at least one quantitative aspect is combined with at least one qualitative approach, data collection or data analysis. Basic assumption is, that qualitative and quantitative approach combined allows better understanding of research problem, than only one of them (compare. Creswell a Plano Clark, 2007). Statistic methods will be used for data.

Results: Interviews were done with parents of children (years 2010 – 2006). That means the oldest children were mome at the time. In these categories, parents are still very invested in many aspects. The parents visit matches of their children very often if not all the matches, they can come to. Almost all the parents monitor the equipment their child uses and make sure the child has everything he/she needs for the sport. On question of how important is education, 79% of the parents puts it on the first place, nearly 5% respondents said, that education of their children is not important at all. One of the last questions was which goal the parents imagine their child will reach in ice hockey. 60% would like to see their children play throughout the years they attend school. 14% replied, that they don’t care. 4% of the parents wants their children to reach the highest possible level in the country and 22% mentioned different goals, such as NHL.

Keywords: Parents, Children, Ice hockey