

## Abstract

This diploma thesis is a descriptive case study of permaculture oriented families and individuals in the Czech Republic, who are aiming for food self-sufficiency. The goal is to describe the lifestyle of self-supplying food producers, their strive for permacultural principles of sustainable development and the making of agricultural systems. Data were collected by observing and interviewing 8 households, analysing relevant literature and other data resources that were autonomously provided by informants. The main focus is on describing the economical and material background of households, their strategies and practices for achieving food self-sufficiency, and motivation and difficulties related to this matter.