Abstract

Bachelor thesis Difficult life situations and coping with them within the medical profession at the Department of Anesthesiology, Resuscitation and Intensive care is divided into two main chapters. First chapter puts theoretical basis of the thesis and consists of four main parts. First one defines difficult life situation as: frustration, deprivation, stress and conflict. Next part focuses on coping with these situations and as well provides principles for restoration of inner serenity. Third part deals with emotions, which are undoubtedly connected to our experiences, perceptions and expression of our experiences.

Second chapter of the thesis explains empirical methods together with methodological elaboration of questionnaire survey and with following processing of results