ABSTRACT

This thesis focuses on patients who have an established ileostomy or colostomy. The aim of the thesis was to determine the indications for stoma. Another aim found out how stoma influenced lives of the respondents particularly in working and sexual life. Third aim dealt with the quality of life of the respondents. The last aim, I examined how respondents coped with a stoma.

The work is divided in theoretical part and practical part.

The theoretical part introduces general issue of the stoma (the types and indications for installation). Furthermore, this work deals with the active lifes of stoma patients, their working and sexual issues. There are also described the complications that may arise after the restoration of the stoma.

In the practical part, I focused on the process of interviews and deduce predetermined goals.

The data were obtained by using semi-structured interview with persons with established stoma in the age range of 20-30 years. The research was conducted in six respondents who were properly informed about the purpose of data collection and with their consent and interest to participate in the interview, they answered predetermined questions.

The results show that the quality of life has improved in most cases of respondents after the installation of the stoma. The greatest support for respondents was the family. Sexual life of stoma patients has returned after certain time to its original quality. Most respondents have a steady partner, only one respondent was alone after diagnose of the disease.

This work should be used for the general public and for beginners stoma patients. This work should be beneficial to the understanding of this difficult situation.

key words: stoma, life with stoma, group of stomic, qualitative research