

Abstrakt:

The topic of this bachelor's thesis is an education of patients who went through the tromboebolic disease. The thesis is constructed of the theoretical and empirical parts. The theoretical part is divided into three main chapters.

The first chapter includes the ethiology of origin of the tromboebolic disease, its diagnosis, the risk factors, the curing and varieties of prevention from the tromboebolic disease. The second chapter is dedicated to prevention of the disease that patient has already went through, also to its methods and technicques in the curing industry. In the third chapter is listed the summary of the education, the preparations and methods of the appropriate educational process.

The empirical part of this bachelor's thesis is intended to the assess of the quantitative exploratory investigation by using the questionnaire technique of collecting files. The explorational investigation was going on in the hospital of Brandýs nad Labem, on the standard internal department, the intensive care unit and internal ambulations. We used those patients, who were confirmed with suspicion of having TEN, or their diagnosis was TEN. The goal of the questionnaire exploration was to chart the knowledge of respondents about the disease, also to find out if the respondents know all of the critical factors of TEN and to find out if the respondents know and follow the measures of prevention. By the chart we figured out that the respondents have the knowledge of the preventional and of the critical factors, but they are not informed enough about the disease TEN.

By the basis of detected dates, we made a simple educational leaflet dedicated to patiens who went through the tromboebolic disease in the hospital of Brandýs nad Labem.