

Abstract

- Title:** A case of physiotherapeutic care of a patient with rheumatoid arthritis
- Objectives:** The major aim of this thesis is to highlight the role of a physiotherapist as a part of the interdisciplinary team in the complex treatment of rheumatoid arthritis and to demonstrate the effect of special physiotherapeutical methods in practice. The thesis includes a detailed case report of a patient with rheumatoid arthritis.
- Methods:** This thesis was made within the four weeks of practical training at the Institute of Rheumatology in Prague in the period from 2. 1. 2017 to 27. 1. 2017 under the guidance of Mgr. Iva Zinková. The thesis is divided into two parts: general and special. The general part is focused on processing the issues of the disease rheumatoid arthritis, deals with the characteristics, origin, symptoms, course of disease, diagnosis, examination and treatment. Included in the special part is a case report of physiotherapy care of the patient, including case history, entry kinesiological analysis, target, design and course of treatment, control kinesiology analysis and evaluation of the effect of therapy.
- Results:** A control kinesiology analysis was performed after six treatments. It demonstrates the improved clinical status of the patient with rheumatoid arthritis.
- Keywords:** rheumatoid arthritis, RA, rheumatology, physiotherapy