

## **Abstract**

**Title:** Motivation of secondary vocational school students to physical education and sport

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### **Abstract:**

This thesis deals with the problematics of motivation of students of secondary vocational school in relation to physical education and sport. The paper is divided into a theoretical and a practical part.

The theoretical part explains the basic concepts of motivation in physical education and problems of adolescents and their specifics at this time.

The practical part is focused on interpreting the results based on a designed questionnaire. The questionnaire survey was conducted among pupils of secondary vocational school Novovysočanská in Prague with the purpose of obtaining information about the motivation of these students to physical education and sport, the frequency of representation of sport active pupils compared to the physically inactive ones and their actual interest in physical education, sport and physical activity.

### **Keywords:**

Motivation, students of secondary vocational school, physical education, sport, preferences for physical activities and sport