**Abstract**

The thesis deals with the attitude of high school students towards sport activities and the relationship between their attitude and the interests of their parents.

The theoretical part of the thesis includes the characteristics and the definition of adolescence – general definition, pedagogically – psychologic and physio-motoric characteristics. It also focuses on the definition of a physical activity, it’s link to human health and the aspects which may affect it. Furthermore, the theoretical chapters of the paper characterize sport and it’s function, leisure time and healthy lifestyle as linked concepts. This part of the thesis also mentions previous research conducted on adolescent physical activity.

The research part of the paper firstly introduces the sample group and the research design. Secondly, it presents and analyses the survey and the questions used, compared with previous research. The final part of the paper focuses on the outcomes of the research.