Beginning of a school attendance creates one of very important moments in the child’s life. Changes, which appear in this period, refer to all parts of a child’s life and mean an interference to a family life as well. In our diploma project we have aimed on a process of adaptation of a child to rules valid at school, which she/he meets in the first term of a school year. We have focused especially on the running of this process and on mechanisms it is determined by.

In the theoretical part we have explained the problematics of the life at school in the first class and we have defined the basic concepts related to the early beginning of the school attendance which we have worked later with.

In a practical part we have firstly classified and then described every rule and the categories of rules and norms. Then we have observed the running of the process of adaptation of children to school norms separately in every month of the first term. After that we have compared the results. We have created the global picture of the process of adaptation as we have noticed it in our research. To reach our goal we have decided to choose mostly a technique of observation of pupils in the chosen class. This technique we have completed by directed interviews with pupils as well as with their teacher and by other materials.