

The thesis is split into two parts – the general one and the special one. The general part focuses on the theory of the disease of ankylosing spondylitis and describes its placement in the field of rheumatology, its clinical image and diagnosis, which play an integral part in the treatment. Furthermore, it focuses on the complex treatment of this diagnosis, mainly on kinesitherapy. The general part is based on both Czech and foreign literature, which is listed in the chapter Reference List. The special part describes the casuistry of a patient with the diagnosis of ankylosing spondylitis. This part contains the patients entire case history and an entry kinesiology examination, upon which a short term and a long term physiotherapeutic plan is based. It then presents applied therapies and an evaluation of their effectiveness. I gathered the basis for this thesis during my internship in the Institute of rheumatology in Prague, which took place from the 4th until the 29th of January 2016.