

The main topic of this thesis is a serious psychological illness schizophrenia.

Theoretical part of this essay describes development of the term and the theories of etiology, whereas the accent is on the ones, which can be useful for treatment and psychosocial rehabilitation of schizophrenic people. Then there are introduced the treatment methods with the emphasis on new concepts- early intervention and rehabilitation. The main part describes psychosocial rehabilitation and especially the programs, which are widely used in the last years - cognitive functions training, social skills training and supported education. These concepts are crucial in schizophrenia research nowadays as well in practical use and they are closely related to the subject of the practical part of this thesis.

In the practical part a specific psychosocial rehabilitation program is introduced - "Program Student". The goal of my investigation was to find out using qualitative research methods, if the clients perceive any benefits from this program. The results reflect not only the benefits related to the educational process, but also the benefits for many other areas of the client's life - activation, self-concept and self-confidence etc. It was also proved the importance of the group work during the program as well as establishing of an individual relation with the client's key-worker, who is supporting the client during the process of his rehabilitation.