TITLE:
In-line skating as a training tool for summer preparation in ice hockey

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ABSTRACT:
Bachelor thesis surveys the use of in-line skating in the summer preparing for ice hockey. Mapping the use of in-line skating is based on a survey questionnaire. The aim is to determine for what purpose is in-line skating used in summer training. The paper focuses on the development of motor skills in pre-season ice hockey and influence of in-line skating to ice skating technique. The article introduces other possibilities and means of developing skating techniques.

KEYWORDS:
Summer training, in-line skating, training tool, ice hockey, in-line hockey