

Abstrakt v anglickém jazyce

Hemorrhoids, defined as dilated vascular plexus in rectum and anus, is a disease that affects significant and diverse part of population. This disease is caused mainly by unhealthy and sedentary lifestyle, which is typical for many people these days. Every individual can either prevent or change most of the factors contributing to the emergence of this disease by altering his or her lifestyle. The aim of this bachelor thesis is to determine whether the general public is informed about the problems of hemorrhoids or not. The theoretical part focuses on the knowledge concerning the disease hemorrhoids, its historical evolution, anatomy, symptoms, causes, diagnosis, complications, treatment and nursing care after hemorrhoidectomy. The conclusion of this part deals with the prevention of hemorrhoids and education. The empirical part of the thesis includes a quantitative research, which was implemented by questionnaire survey. The goal was to examine whether respondents are informed about the problems of hemorrhoids, if they follow preventive procedures and how do they apply these elements in everyday life. My goal was also to find out which are the most common sources of information for people and whether they have personal experience with this disease. The distribution of the questionnaires was carried out in GP surgeries. The survey took place from December 2013 to January 2014 and the whole research included 110 respondents from the non-professional public. The research showed that the public is relatively well informed about the problems of hemorrhoids. Knowledge gaps related mainly to high-risk factors and preventive measures. The results showed that every fifth respondent suffers or suffered from hemorrhoids. The research also found out that more than a half of the respondents is properly informed about preventive procedures in order to avoid hemorrhoids and they stick to these preventive procedures. To sum it up, more than 30% of the respondents collect information about hemorrhoids and the most common source of their knowledge is the Internet.

Keywords: Awareness, the general public, issue, hemorrhoids, prevention.